

明智的選擇

Choosing Wisely

1. Avoid routinely performing preoperative blood investigations, chest X-ray or spirometry prior to surgery, but instead order in response to patient factors, symptoms and signs, disease, or planned surgery
2. Avoid ordering cardiac stress testing for asymptomatic patients prior to undergoing low to intermediate risk non-cardiac surgery
3. Avoid administering packed red blood cells (blood transfusion) to a young healthy patient with a haemoglobin of $\geq 70\text{g/L}$ who does not have on-going blood loss, unless the patient is symptomatic or haemodynamically unstable
4. Avoid initiating anaesthesia for patients with limited life expectancy, at high risk of death or severely impaired functional recovery, without discussing expected outcomes and goals of care
5. Avoid initiating anaesthesia for patients with significant co-morbidities without adequate, timely preoperative assessment and postoperative facilities to meet their needs

參考資訊

- <http://www.choosingwisely.org.au/home>
- <http://www.choosingwisely.org.au/recommendations/anzca>

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<https://www.patientsafety.tw/wiki/> - Patient Safety Wiki

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